

Eastern Region Youth Road Team 2018

We are looking for riders to represent the Eastern Region in the following events:

1. Youth Tour of Scotland 6th-9th April 2018 (Riders will be travelling on 5th April)
2. Inter-Regional Championships September 2018 – (tbc)

If you are a Youth 'A' boy or Youth 'A' and 'B' Girl, you could be part of the Eastern Region Youth Road Team in 2018.

The Eastern Region will be supporting a team comprising of 4 boys and 4 girls. The objective is to send a team to two events planned for 2018, which will provide a superb experience for all the young riders wanting to aspire to become a world class cyclist. You will travel to and from the event as a team.

The team staff will be:

- Nigel Hampton – Team Manager
- Russell Hampton – Team Coach (Boys)
- TBA (Women Coach) - Team Coach (Girls)

We have listed the minimum requirements, skills, and attributes we are looking for when selecting.

Rider Specification and Selection Criteria

Eligibility	<ul style="list-style-type: none"> • Be available for all days of the event. • Boys – Youth A (2018). • Girls – Youth A and B (2018). • Reside in the Eastern Region - <i>This will be printed on your British Cycling Membership Card.</i> • Hold a British Cycling Racing Licence.
Race Performance	<p>Race performance will be considered in conjunction with the remaining criteria. Whilst results are important they do not always reflect the true ability of a rider. A puncture, illness or injury can impair results, so riders will be observed at the following events for selection for the Tour of Scotland 2018. Note: It is not essential to attend but will help with the selection process.</p> <p>24th February – Lee Valley Youth CC Races #3 at Redbridge</p> <p>17th March – Lotus Cars Saturday Races, Norfolk.</p> <p>We will also look at results from London Youth Track League 2017-18 and will observe riders during 22nd February and 8th March track league. There is appreciation that track and road are two different cycle sport disciplines, but this will help gauge rider performance. Eastern Cyclo Cross 2017-18 results or other Cyclo Cross events outside the region will also be considered.</p> <p>We will advise on selection regarding Inter-Region Championships in due course, once a date has been confirmed.</p>

Personal	<p>YOU are:</p> <ul style="list-style-type: none"> • A self-reliant and organised athlete able to look after your own clothing, kit, food and can maintain your own equipment. • Able to hand wash and dry your own kit. • Time Management - Attend all team meetings, meals, warm ups and race starts on time. • A team player. • Able to give & receive feedback.
Equipment	<p>You MUST have or have access to:</p> <ul style="list-style-type: none"> • A basic tool kit. • Road bike. • Rollers – You must be able to mount and ride these unaided, i.e. no support.

Cost

Athlete transport is provided to and from the venue from an allocated pick up point somewhere in the Region as determined by the Team Manager. Bed, breakfast, lunch & evening meals are provided.

Team Clothing

All riders are provided with an Eastern Region race kit, except bib shorts. There are bib shorts available to match the jersey, long-sleeved jersey and gilet race kit. The shorts can be brought for £68.00. The rider can then keep the bib shorts to use after the event.

Selection, Assessment

Riders need to express their interest in being part of the team by completing the google form listed below. Observation of riders will be made both on & off the bike.

Team Selection & Reserve Riders

The final team selection for the Youth Tour of Scotland will be the 18th March. This is to take into consideration illness and injury of riders.

What next?

Register your interest by completing the Interest Form <https://goo.gl/forms/Axpix2JsIbMtRdnG2>. This information will enable us to know who wants to be considered for selection. If you cannot access the form, please let Nigel Hampton know at the email address below.

If you require any further information, please contact Nigel Hampton on:

e: nigelhampton@britishcycling.org.uk

m. 07940 738 319